



2024 YaoYong Dance Class Schedule

YaoyongDance.org

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00AM			In-person Classical Dance with Original Choreography 线下古典舞身韵原创组合	In-person Barre and Techniques Training Level A 线下初级基本功训练			
10:30AM							
11:00AM	In-person Barre and Techniques Training + Classical Dance Combinations 线下基本功训练 + 古典舞身韵		In-person Barre and Techniques + Classical Dance Combinations 线下基本功训练 + 古典舞身韵	In-person Classical Dance with Original Choreography 线下古典舞身韵原创组合	In-person Mongolian Dance Elements and Combinations Training 线下蒙古舞元素 + 组合训练		
11:30AM							
12:00AM		In-person Barre and Techniques Training 线下基本功训练			In-person Barre and Techniques Training 线下基本功训练		
12:30AM			Online Barre and Techniques Training 网上基本功训练				
1:00PM							In-person Barre and Techniques + Flexibility Training 线下基本功训练 + 软开
1:30PM							
2:00PM							
4:00PM							
4:30PM							
5:00PM							
5:30PM							
6:30PM	In-person Ballet Techniques 线下芭蕾基本功		In-person Barre and Techniques + Tibetan Dance Combinations 线下基本功训练 + 藏族舞组合	In-person Barre and Techniques + Chinese Folk Dance Combinations 线下基本功训练 + 民族民间舞组合			
7:00PM							
7:30PM							
8:00PM							
8:30PM	Online Classical Dance with Original Choreography 网课古典舞身韵原创组合				Online Mongolian Dance with Original Choreography 网课蒙古舞原创组合		
9:00PM							
						[Fremont] In-person Barre and Technique + Folk Dance Combinations 线下基本功训练 + 古典舞身韵	

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